

**WORKING
TOGETHER**

for
You

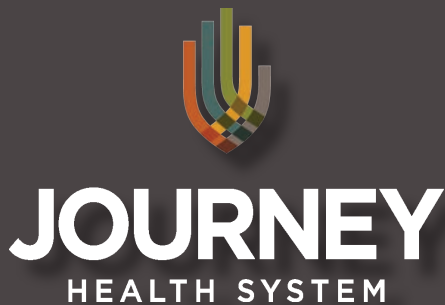
JOURNEY



**HEALTH
SYSTEM**

www.journeyhealth.org

ANNUAL REPORT 2023



Who

we are.

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Journey Health System is an affiliate network comprised of behavioral health companies staffed by 1,000 full-time and part-time individuals. The seven affiliates include six non-profits:

- Beacon Light Adult Residential Services (BLARS)
- Beacon Light Behavioral Health System (BLBHS)
- Deerfield Behavioral Health (DBH)
- Dickinson Center, Inc. (DCI)
- Forest Warren Mental Wellness Association (FWMWA)
- Stairways Behavioral Health (SBH)

Plus, one for-profit entity that manages a unique "level-of-care" software tool:

- Deerfield Solutions

The Journey Health System Board of Directors include representatives from each of the member organizations. Together they deliver mental health care to a total of 23 counties across Pennsylvania.

As a 509(a)(3) nonprofit organization, Journey Health System functions as a supporting organization that takes the burden of managing administrative functions away from the affiliated behavioral health organizations to allow them to focus on their mission of providing excellent care.

Journey Health System is designed to ensure better outcomes for clients, families, and the communities served and allows for greater efficiency in the delivery of behavioral health services.

By being a part of Journey Health System, the administrative fees, ideas, and innovative best practices are shared among the group of affiliated companies. Millions of dollars are saved through bulk purchasing power, contract negotiations, and economy-of-scale advantages. This should make each affiliate organization financially stronger and more sustainable for the foreseeable future.

OUR MISSION IS TO SERVE YOURS.

OUR VALUES:

COMMUNITY FIRST
 CLIENT CENTERED
 RESPONSIVE TO COMMUNITY NEEDS
 STRONG & RELIABLE
 LOCAL & CONSISTENT

How we are

changing lives.

Fiscal Year 2023 Affiliate-wide Reach Across Pennsylvania



8.4K

ADULT
MENTAL HEALTH
CLIENTS



3K

CHILD
MENTAL HEALTH
CLIENTS



1K

EMPLOYEES
AGENCY-WIDE



73

PROGRAMS
AVAILABLE



83

FACILITIES
ACROSS PA

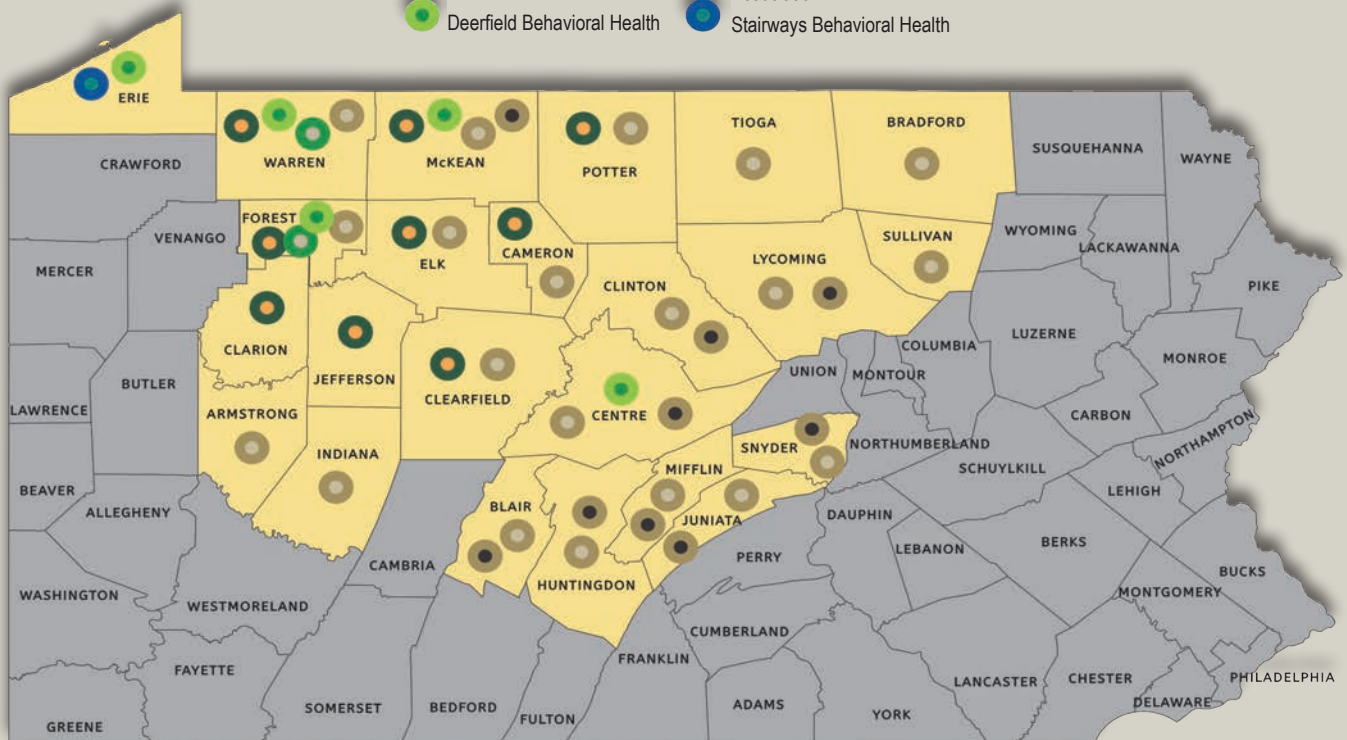


\$105K

UNCOMPENSATED
(CHARITY CARE)
PROVIDED

23 COUNTIES SERVED

- Beacon Light Adult Residential Services
- Beacon Light Behavioral Health Services
- Deerfield Behavioral Health
- Dickinson Center, Inc.
- Forest Warren Mental Wellness Association
- Stairways Behavioral Health



Current Board Members

Journey Health System & Deerfield Behavioral Health

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Maurice Cashman
Richard Esch
David Ferguson
Joseph Haines
Craig Hartburg
Kathleen Jones
Gregory LaRocca
Celene McIntyre
Robert Saunders
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Forest/Warren Mental Wellness Association

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Gary Lester
Eric Olson
Patricia Rosenstein
Jill Toto

*This publication is dedicated
in loving memory of the consumers,
staff, board members & loved ones who
we lost throughout the year.
Your caring light will continue to shine
everyday through our mission.*

Leadership Message

Working for YOU...

It's an important time for Journey Health System and our affiliates as we focus on our long-range plans and achieving our critical mission. Mental illnesses are among the most common health conditions in the United States. More than one in five adults in the nation live with a mental illness. Additionally, over one in five youth (ages 13-18) either currently or at some point during their life, experience serious mental health disorders.

Meeting the needs of consumers who are seeking care, is our number one goal. We will strive to expand our footprint in Pennsylvania by partnering more outside and within our walls to provide the best mental health care possible, adding much-needed services, and increasing the number of consumers that we serve.

Thankfully, our affiliates and their staff across our System are performing well to meet the needs of the communities they serve. We are also pleased to report that their programs are operating strongly, as you'll see when you read this publication.

The achievements noted across the organization show that our team has successfully overcome the pandemic and they never stopped caring for their consumers. Everyone here at Journey Health System is dedicated to delivering high-quality mental health care services now and for generations to come.

On behalf of our leadership team, we remain focused on ensuring the health of the region today and for decades to come. We are ever grateful for your steadfast support.

We're working together for YOU!



JOURNEY
HEALTH SYSTEM



Gregory LaRocca
Board Chair



Guy Signor
President & CEO



BEACON LIGHT
ADULT RESIDENTIAL SERVICES

Caring homes.

Beacon Light Adult Residential Services (BLARS) is treating over 90 individuals with significant mental health and developmental issues by offering them the ability to live in the least restrictive settings possible. From Intermediate Care Facility (ICF) cottages to community waiver homes to a dedicated Community Stabilization and Reintegration Unit (CSRU), the residents in BLARS programs receive clinical care and treatment while still enjoying the opportunity to be engaged and content members of society. Without access to these important services, these individuals might otherwise be placed in higher levels of care or institutions such as state hospitals. Much of the work at BLARS focuses on developing and/or maintaining the skills necessary to live, interact, and display appropriate behaviors and mannerisms in the community.

"I like that I get preparedness to help me move out on my own. Staff members are very nice and they help me reach my long-term goals. If I didn't live here, I would be homeless and hungry. This place is my home and these people are my family."

*-- Richard,
BLARS resident*

Many of the adult residents in the ICF cottages share an intellectual or developmental disability along with a mental health diagnosis. They have lived with us since childhood, now spending their days in activities at the Adult Day Services program, going on outings, or interacting with their friends, staff, or family members.

Overall, staffing recruitment and retention levels are stabilizing after the difficult pandemic period. The focus on improving staffing levels resulted in a reduction of overtime costs and staff burnout.

The CSRU in McClure, Pennsylvania experienced some positive financial changes in 2022-23 that will allow for programmatic and fiscal viability into the future.

For more information about BLARS, visit www.beacon-light.org.



BEACON LIGHT
BEHAVIORAL HEALTH SYSTEM

Specialty care.

Beacon Light Behavioral Health System (BLBHS) is a leader in delivering high-quality, trauma-informed outpatient, ambulatory, prevention, education, and residential services throughout Pennsylvania. BLBHS recognizes the varying needs of the individuals they serve and has created specialty service lines to assist youth, adults, and families.

BLBHS recognizes that providing the highest quality care starts with high-quality employees, so the agency strives to provide training, mentoring, and educational opportunities to continue offering superior mental health services for years to come. This past year, BLBHS focused on tracking performance in the areas of Consumer Satisfaction/Client Outcomes, Program Quality, Workforce Development, and Operational Performance.

BLBHS provides specialty children's residential services with locations in Bradford, Youngsville, and Kittanning, Pennsylvania. These programs combine intense individual and family therapy and house children removed from their homes due to challenging mental health or behavioral health diagnoses. The Specialized Therapeutic Residence for Intellectual and Developmental Empowerment (STRIDE) has three locations to treat children dually diagnosed with a developmental disability along with a mental illness. The Girls In Recovery Learning Stengths (GIRLS) Program treats females who need residential care for mental health challenges.

Additionally, BLBHS also offers a full spectrum of community-based programs including school-based, family-based, multi-systemic, and outpatient therapies, along with behavioral health rehabilitative services, mobile medication management, and psychiatric rehabilitation services.

For more information about BLBHS, visit www.beacon-light.org.

“I have never been treated so well by a mental health team in my life. I credit my stability on the help and support I receive from Beacon Light.”
-- BLBHS
Outpatient consumer

“This service has probably saved my life.”
-- BLBHS Blended
Case Management consumer



deerfield
behavioral health

Positive changes.

Deerfield Behavioral Health (DBH) provides positive changes in the lives of individuals being served by 24 public and private organizations across 23 counties in northwestern and central Pennsylvania. DBH offers a unique blend of diagnostic, therapeutic, and contract behavioral health services at several locations across the Commonwealth including outpatient clinics in Bradford, Erie, State College, and Warren. DBH also offers Deerfield Centers for Addictions Treatment (DCAT) in Warren, Marienville, and Tionesta.

This year, DCAT had several major accomplishments including the following:

- **DCAT secured two additional contracts with Pennsylvania State Department of Corrections for Domestic Violence Batters’ Intervention Services and the State Drug Treatment Program for intensive parole supervision.**
- **Due to the growth and expansion of services in DCAT another therapist was hired.**
 - **DCAT presented at a panel discussion at a community awareness event for the Life Unites Us organization.**
 - **DCAT started a peer recovery support group that hosted 45 people at the first session.**
 - **Two therapists completed special clinical training for Cognitive Behavior Therapy and designation as a Certified Clinical Trauma Practitioner Level II.**

"I feel like in all the years I have been in counseling at different programs, that you are the only one who has truly listened to me and worked to provide me skills related to what I was struggling with"
---DCAT patient
in Tionesta, PA

One of the greatest challenges facing healthcare systems across the nation is the shortage of psychiatric providers in rural areas. DBH is taking the lead on addressing this need by focusing efforts on retaining and recruiting psychiatric professionals to meet the needs of both affiliate and non-affiliate organizations they are contracted with. In 2023, DBH hired two new psychiatrists and a new board-certified psychiatric mental health nurse practitioner. DBH also successfully doubled their psychiatric nurse practitioner and physician assistant workforce.

For more information, visit www.deerfieldbehavioralhealth.org.



Dickinson Center, Inc.
AN AFFILIATE OF JOURNEY HEALTH SYSTEM

Bright future.

Dickinson Center, Inc. (DCI) and its team of just over 200 employees provide behavioral health services to individuals living with intellectual and developmental disabilities, as well as children's prevention services throughout rural northwestern Pennsylvania. DCI is committed to working with their dedicated team on continuous quality improvement in all of their service lines while looking for ways to best maintain and support staff.

In spring 2024, DCI plans to break ground for a new building in downtown St. Marys, Pennsylvania. In the past year, DCI has completed site preparation, and completed the building design and floor plan for the 12,400-square-foot facility. This new structure will consolidate and centralize the out-patient services that are currently scattered across multiple locations in St. Marys. Details about the project may be found at <https://givetodickinson.org/st-marys-project>.

In the past year, Dickinson applied for and received \$263,000 dollars in grant funding to use for recruitment and retention efforts. As a result, staff time has been dedicated to assist with the onboarding process for new hires during their first 90 days.

In the spring of 2023, Dickinson Center was successfully recertified as a Trauma Information Care Center.

DCI has work very hard over the past year to remain active in our communities by being involved in events like Mental Health Awareness month, highlighting inclusive employers of the month, taking part in the St. Marys Bavarian Festival, and a special children's events hosted by the Children's Center Parents as Teachers team at DCI.

For more information about DCI, visit www.dickinsoncenter.org.

“Keep up the good work that you do because it works if I try to use it in my daily life. Thank you for all the hard work that you do. I hope for even more success in the new year.”

-- DCI Psychiatric Rehabilitation consumer



forest/warren

mental wellness association

Improving lives.

Forest/Warren Mental Wellness Association (FWMWA) is a consumer-driven company whose main vision is to assist adults in Warren and Forest counties in their recovery efforts from mental health issues. This year, FWMWA focused on identifying and addressing various local social determinants of health to keep individuals in their community-based setting and out of inpatient hospitals or other higher levels of care. Programs are designed to increase a positive social life, connections to other vital services, transportation, and assistance with basic life skills. Additionally, the FWMWA Fairweather Lodges offer safe and affordable housing with a strong employment/vocational skills component. FWMWA also offers a Representative Payee service to assist individuals maintain their finances and paying bills.

FWMWA recently initiated a Community-based Care Management program to assist adults in Forest and Warren counties who are enrolled with Community Care Behavioral Health. The program has proven beneficial and the FWMWA management team has made huge strides in consumer attendance at the Friendship House (Drop-In Center) located in Warren. Now that the pandemic has ended, many of the consumers who were unable to attend due to restrictions, are once again participating in person and engaging in a multitude of activities (recreational, cooking classes, therapeutic topic classes, and group sessions).

FWMWA is now concentrating on increasing their WellSpring Home & Garden's volume of local residential and business lawn/landscaping customers and developing a new contract cleaning business. It is anticipated that future revenue will increase due to these efforts.

For more information about FWMWA, follow @ForestWarrenMentalWellness on Facebook.

"I feel like in all the years I have been in counseling at different programs, that you are the only one who has truly listened to me and worked to provide me skills related to what I was struggling with"

*---DCAT patient
in Tionesta, PA*



Bridging gaps.

Stairways Behavioral Health (SBH) has been serving the Erie community by providing mental health care and addiction treatment to persons at any stage of their life. Over the past year, SBH has provided services to more than 6,000 consumers.

SBH continues to evaluate programs to develop or expand services based on identified needs in the community. As a result the following projects are underway:

- The Fairweather Youth in Transition Lodge opened in May 2023.
- A Domestic Violence Support Group is in operation through the Erie Outpatient Clinic.
- A contract for Medically Assisted Treatment in the Erie County Prison was launched in August 2023.
- An addendum license was received to expand the Psychiatric Rehabilitation Program to now offer site-based psych rehab services. The program will be located in the lower level of the Erie Outpatient Clinic.
- Remodeling, construction, and updating of several SBH facilities is underway. This includes upgrades to provide functionality of space, welcoming program areas, and overall comfortable treatment environments for consumers to receive treatment and care.

SBH continues to aggressively execute the strategic plan developed in 2023 with focus on community awareness, staff recruitment/retention, wellness, and collaboration with various community providers, and support for those who live at the margins of homelessness. As a result, SBH is working with Erie County Office of Intellectual Disabilities to expand Assertive Community Treatment and to focus on intellectual disability services for the community.

For more information about SBH, visit www.stairwaysbh.org.

“I thank God for Stairways for keeping me and my daughter alive with all of our family so far away.”
 -- SBH Blended Case Management consumer



Advanced software.

Deerfield Solutions, LLC is a software and training company that licenses and supports the electronic versions of the Level of Care Utilization System (LOCUS[®]) and Child Adolescent Level of Care Utilization System (CALOCUS[®]) tools, as developed by the American Association of Community Psychiatrists (AACP). Deerfield Solutions provides these services under an exclusive agreement with the AACP which has been in place for over 20 years.

The LOCUS tools are used by behavioral health providers, insurance companies, and public health entities to determine level-of-care placement for patients. While the LOCUS tools have been around for a long time, and in use in more than half of the United States and Canada, there has been a significant adoption of the tools over the last year due to increased regulation of their use.

"Michigan Department of Corrections has used LOCUS since 2020 to help accurately determine patients' level of adaptive functioning and to place them in the appropriate level of care for behavioral health treatment. It has been an important tool that keeps our mental health professionals doing up-to-date clinical work with evidence-based criteria and training."

---Deerfield Solutions customer

This increase in business has allowed Deerfield Solutions to bring on a dedicated web developer and invest in additional technologies to further enhance its product offerings.

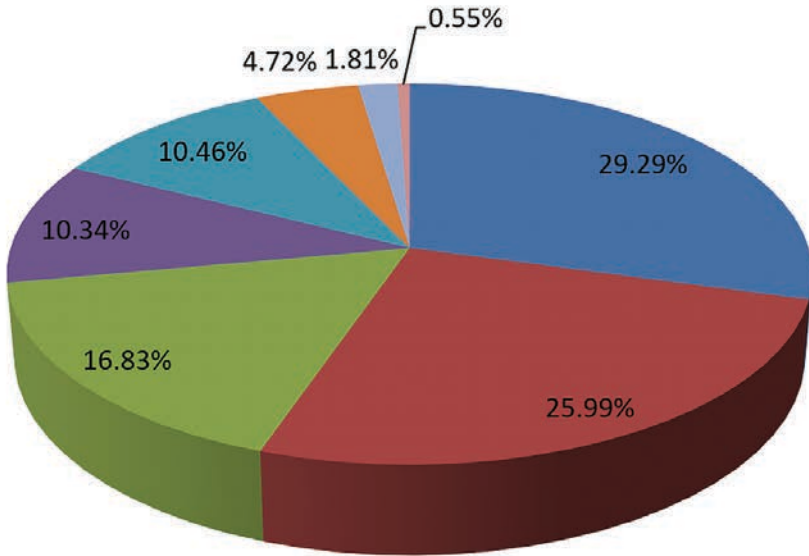
One of Deerfield Solutions' growing product offerings is Electronic Health Records (EHR) system integrations. On this front, Deerfield Solutions has recently completed an integration of LOCUS into Streamline's Smartcare[™] EHR platform and is actively working on an integration with Netsmart's MyAvatar[™] product.

For more information about Deerfield Solutions, visit www.deerfieldsolutions.com or call 814-878-2020.

Fiscal Year 2023

2022-2023

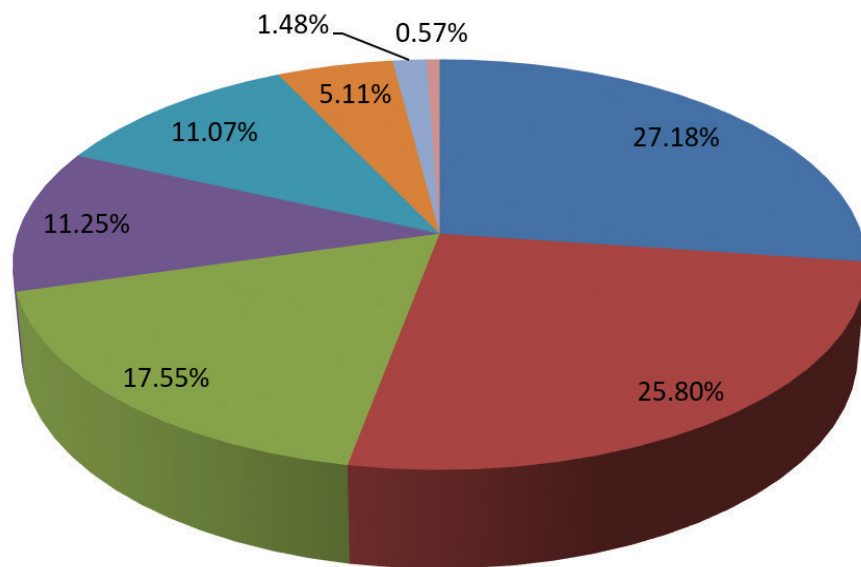
REVENUES TOTAL \$88,894,308



Beacon Light Behavioral Health System	\$26,038,691
Stairways Behavioral Health	\$23,103,818
Dickinson Center, Inc.	\$14,962,665
Beacon Light Adult Residential	\$9,195,680
Journey Health System	\$9,302,609
Deerfield Behavioral Health of Warren	\$4,194,371
Deerfield Solutions	\$1,609,390
Forest Warren Mental Wellness Association	\$487,084

2022-2023

EXPENSES TOTAL \$81,768,432



Beacon Light Behavioral Health System	\$22,222,728
Stairways Behavioral Health	\$21,095,291
Dickinson Center, Inc.	\$14,350,280
Beacon Light Adult Residential	\$9,199,784
Journey Health System	\$9,048,185
Deerfield Behavioral Health of Warren	\$4,175,481
Deerfield Solutions	\$1,211,251
Forest Warren Mental Wellness Association	\$465,432

Help Us Turn Our Vision Into A Reality For Years To Come.

Here Are Ways You Can Lend A Hand:

- ◆ Submit a gift payable to any of our affiliates using the enclosed envelope.
- ◆ Make a check payable to any of our affiliates & mail it to:
Journey Health System
Attn: Institutional Advancement Office
47 Beacon Light Way
Bradford, PA 16701
- ◆ Make a donation by calling 814-776-0254.
- ◆ Make an online donation at:
 - www.givetobeaconlight.org
 - www.givetodickinson.org
 - www.givetostairwaysbh.org
- ◆ Join this special group of friends (visit the websites listed above for details):
 - Beacon Light- 1903 Founder's Society
 - Dickinson Center, Inc.- 1958 Founder's Society
 - Stairways Behavioral Health- Laura Wallerstein Stairways to Hope Society
- ◆ Follow our affiliates on Facebook & share our news with your friends.
- ◆ Volunteer or do an internship by contacting info@journeyhealth.org.

Thank You for Supporting Our Mission

The following pages list the key donors to each of Journeys' affiliates including: Beacon Light Behavioral Health System, Beacon Light Adult Residential Services, Deerfield, Dickinson Center, and Stairways from July 1, 2022 to June 30, 2023.

Your philanthropic support is no less valuable to our mission today than it was when each agency was founded. We couldn't offer our essential services without your help. Thank you!

Journey Health System gratefully acknowledges all of our generous benefactors. To the best of our knowledge, the information in our Annual Report accurately reflects our records. We recognize, however, that omissions or errors, while regrettable, inadvertently may occur. If you find any inaccuracies, please notify Institutional Advancement at 814-776-0254.

BEACON LIGHT DONORS



BEACON LIGHT

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Kathleen G. Jones & Family

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In memory of Philip Urban
Karen Gelston

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To learn more about how you can make a contribution to Beacon Light, please call 814-776-0254.

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Mr. & Mrs. John F. Handwerger
Mr. & Mrs. William G. Hicks
Muffie Sarginger-Silber
Mr. & Mrs. Richard P. Shaffer
Dave Thomas

In memory of Michael DeStefano
Eileen Guthrie Jolls
Mr. & Mrs. George W. Joiner
Ms. Nina Stolburg

In memory of Richard E. Delhunty
Mr. & Mrs. Carl S. Park

In memory of Don W. Fleming
John & Mary Rae Kowach & Family

In memory of Sandy Maxson
Dawn & Frank Snyder

In honor of Dorian Tamburlin
Jennifer Y. Tamburlin

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To learn more about how you can make a contribution to Dickinson Center, Inc., please call Institutional Advancement at 814-776-0254

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Special Tributes Stairways Behavioral Health

*In memory of Adam & Tim Holland
Lindsey Holland*

*In memory of Annette Kimmel
Rick & Mindy Cohen*

*In memory of Jack Komora
Mark Kennedy
Mr. & Mrs. Robert Newsham
Mr. & Mrs. Allan J. Szymanski*

*In memory of Moshe Lifshen
David Newman*

*In memory of Sandy Maxson
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Mr. John A. Krawiec
Jean Sagan-Ruth
Mr. & Mrs. Charles J. Santi
Mr. & Mrs. Randall S. Schiefelbein
Mr. & Mrs. Robert J. Spontak
Paul & Chris Turner*

*In memory of Laura W. Wallerstein
Anonymous*

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Special thanks to those who supported Stairways Behavioral Health on Erie Gives Day!

Please remember us during Erie Gives in August 2024 at www.eriegives.org.

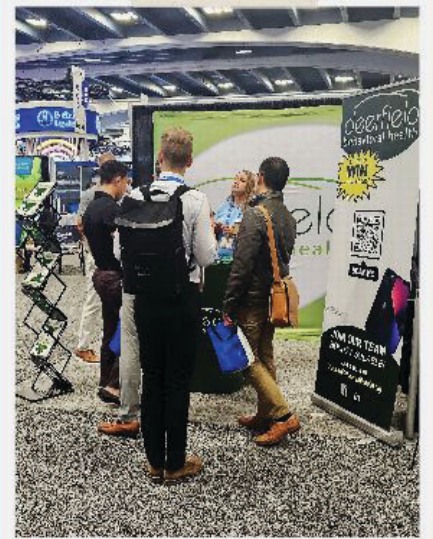
Community



BL-SAP & Outpatient team radio interview at Warren County Fair

"I am very happy with the support I receive at Dickinson's Psych Rehab, both from the staff and my peers. I enjoy attending and my life continues to improve as I attend"

-- DCI Psych Rehab Program Consumer



DBH at 2023 American Psychiatric Association event

Working together



DCI Parents as Teachers Superhero event



SBH Outpatient Drug & Alcohol and Mental Health teams' picnic in Erie



BLBHS Outpatient Clinic in Warren

"your staff is always amazing!"

They go above and beyond to make sure you can reach your goals."

--BLBHS Outpatient Consumer

Outreach



JOURNEY
HEALTH SYSTEM

for
You!



BLBHS Staff on Luau Day at First Street in Bradford

"while I have experienced being able to assist others in many ways in my nursing career, the sense of community I have here is like no other."

--Nurse Team Member

"I started my career in 2011, and it was the best career move that I could have made."

-- Staff Member



Deerfield Solutions at NatCon Vendor Booth



SBH Gage House Donation from Signal Tech in Erie



DCI at Ridgway Rendezvous Community Event



JHS Annual Meeting 2022 in Bradford

JOIN OUR TEAM!

Visit our Career pages at:

- www.beacon-light.org
- www.dickinsoncenter.org
- www.journeyhealth.org
- www.stairwaysbh.org

Or, email:
recruiting@journeyhealth.org

EOE



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